COVID-19

Sandro Cinti, MD March 18, 2020 WCMS Teleconference

*Please Note: Information presented is changing rapidly.

The Virus

- SARS-CoV-2- Betacoronavirus (RNA)- closest to a bat coronavirus
- No mutations between end of Dec 2019 and mid Feb 2020
 - 104 strains tested



Coronavirus COVID-19 Global Cases by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (...

Total Confirmed

214,894

Confirmed Cases by Country/Region/Sovereignty

China

Italy

Iran

Spain

Germany

France

Korea, South

US

Switzerland

United Kingdom

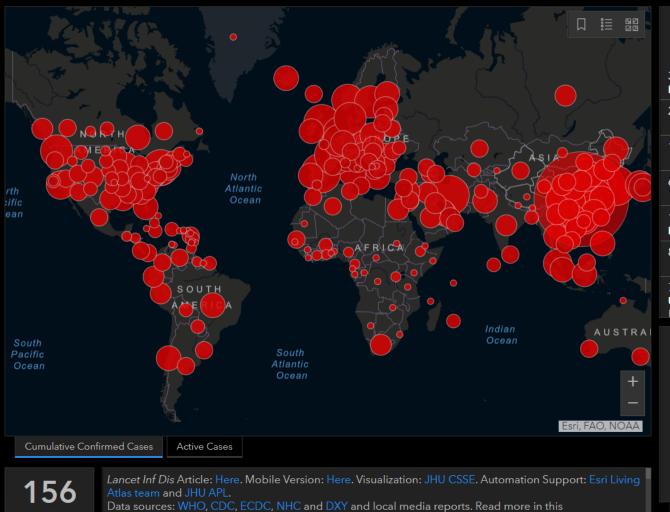
Netherlands

Austria

Norway

Country/Region/Soverei...

Last Updated at (M/D/YYYY) 3/18/2020, 3:33:03 PM



Total Deaths 8,732

3,122 deaths **Hubei** China

2,978 deaths Italy

1,135 deaths

623 deaths Spain

148 deaths France France

84 deaths Korea, South

71 deaths United Kingdom United Kinadom.

Total Recovered



5,389 recovered Iran

4,025 recovered Italy

1,540 recovered Korea, South

1,313 recovered

Guangdong China

1,250 recovered **Henan** China

1,216 recovered **Zhejiang** China

Mainland China Other Locations Total Recovered

Actual Logarithmic

Daily Cases

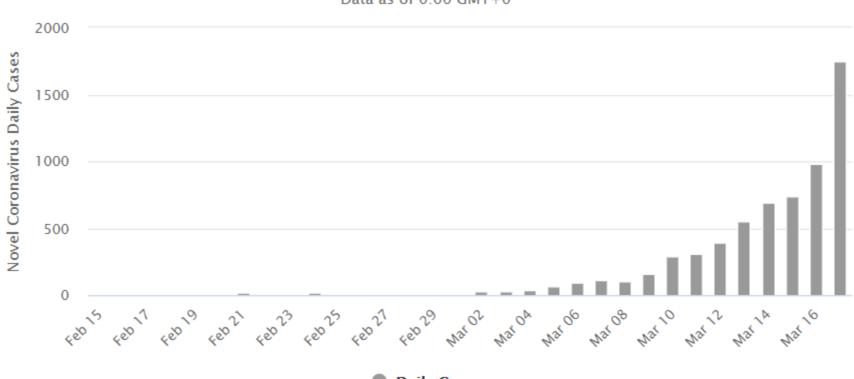
Country, Other	Total Cases ↓₹	New Cases ↓↑	Total Deaths 🎵	New Deaths ↓↑	Total Recovered ↓↑	Active Cases 11	Serious, Critical	Tot Cases/ 1M pop
China	80,894	+13	3,237	+11	69,614	8,043	2,622	56
<u>ltaly</u>	35,713	+4,207	2,978	+475	4,025	28,710	2,257	591
<u>Iran</u>	17,361	+1,192	1,135	+147	5,710	10,516		207
<u>Spain</u>	14,769	+2,943	638	+105	1,081	13,050	563	316
<u>Germany</u>	12,327	+2,960	28	+2	105	12,194	2	147
<u>France</u>	9,134	+1,404	264	+89	602	8,268	931	140
S. Korea	8,413	+93	84	+3	1,540	6,789	59	164
USA	8,055	+1,644	127	+18	106	7,822	12	24

USA State	Total Cases 1	New Cases 🏗	Total Deaths	New Deaths 11	Total Recovered ↓↑	Active Cases
New York	2,499	+793	20	+7	1	2,478
Washington	1,014	+2	55		89	870
California	831	+124	16	+4	6	809
New Jersey	427	+160	5	+2		422
Florida	314	+97	7	+1		307
Illinois	288	+127	1		2	285
Louisiana	257	+57	7	+3		250
Massachusetts	242	+24			1	241
Georgia	197	+47	3	+2		194
Colorado	189	+6	2			187
Texas	181	+71	3	+2		178
Pennsylvania	153	+41	1			152
Wisconsin	108	+35			1	107
Tennessee	98	+24				98
Ohio	89	+22				89
Oregon	88	+22	3	+2		85
Maryland	85	+25			4	81
Michigan	83	+18	1	+1		82

Daily New Cases in the United States

Daily New Cases

Cases per Day Data as of 0:00 GMT+0



Demographics

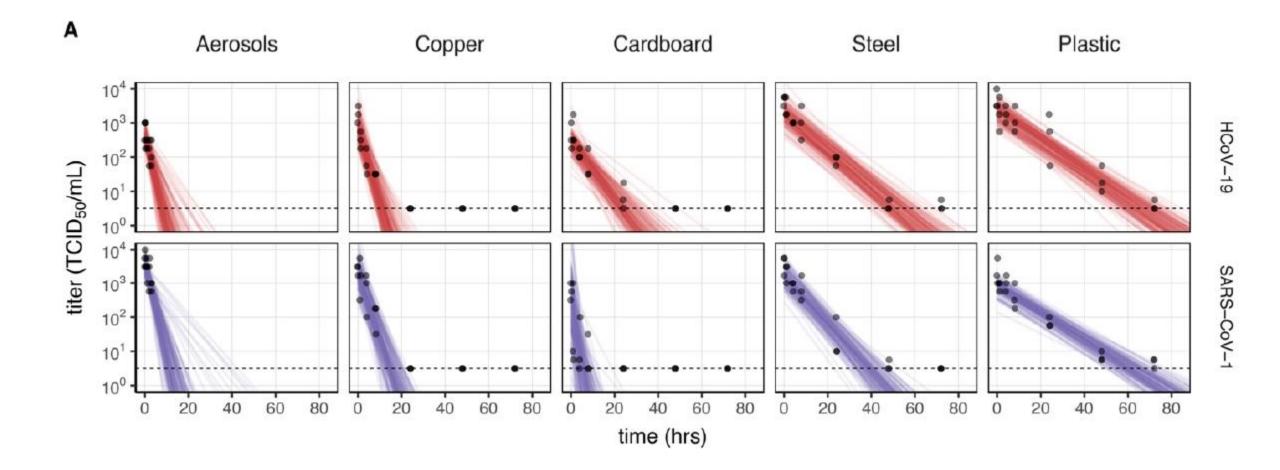
- 55,924 lab confirmed
- Median age-51
- 2.4% of all cases <18 yrs old
- 78% cases between 30-69

- Symptoms/Signs
 - fever(87.9%),
 - dry cough (67.7%),
 - fatigue (38.1%),
 - sputum production (33.4%),
 - shortness of breath(18.6%),
 - sore throat (13.9%),
 - headache (13.6%),
 - myalgia or arthralgia (14.8%),
 - chills (11.4%),
 - nausea or vomiting (5.0%),
 - nasal congestion (4.8%),
 - diarrhea (3.7%),
 - hemoptysis (0.9%),
 - conjunctival congestion (0.8%).

- Incubation: Mean 5 d (1-14)
- Onset of symptoms to severe disease- 1 week

Transmission

- Droplet (6 feet) and fomite most common
 - Lives on plastic and stainless steal for up to 72 hours (?infectivity)
- Little fecal-oral transmission
- Aerosol transmission not significant
 - Aerosol generating procedures
- Household transmission most common (75-80%)
 - Secondary attack rates 10%
 - Japanese cruise ship attack rate 14-15%
 - Ro-2-2.5



Transmission

- HCWs
 - 40,000 HCW deployed to Wuhan
 - Most HCW infection occurred outside the healthcare system

Outcome of infection

• 80% mild/moderate disease

• 14% severe disease (dyspnea, respiratory frequency ≥30/minute, blood oxygen saturation ≤93%, PaO2/FiO2 ratio <300, and/or lung infiltrates >50% of the lung field within 24-48 hours)

• 6.1% are critical (respiratory failure, septic shock, and/or multiple organ dysfunction/failure)

• 0.7-6% mortality

Outcome of infection

- Asymptomatic disease is rare
- <19 yrs of age- 2.5% severe disease; 0.2% critical disease
- Mortality
 - Severe cases- 13%
 - >80 yrs of age- 22%
 - Male>female 4.7% vs 2.8%
 - No comorbidities- 1.4%
 - CV dz 13%; Diabetes 9.2%; Hypertension 8.6%; Cancer 7.6%

Outcome of Infection

- Recovery
 - Mild disease- 2weeks
 - Severe disease- 3-6 weeks

Prevention in the healthcare setting

- HANDWASHING!!!!
- PPE
 - General care-PUI or Confirmed
 - WHO- Droplet and Contact Precautions-Medical masks, eye shields/goggles, gown, gloves
 - CDC- Respirator (N95/PAPR), when available, otherwise facemask, eye shield/goggles, gown, gloves
 - Procedures generating aerosols- N95/PAPR, eyeshield/goggles, gown, gloves
- Patient Placement
 - Cohort PUIs (until testing is more available) and confirmed cases

Testing

- PCR
- Nasopharyngeal swab
- Lower respiratory tract-BAL/tracheal aspirate

M4/UTM Media Culture Swab



Treatment

- No FDA approved treatment
- Remdesivir- Investigational New Drug (Gilead)
 - Interrupts polymerase activity
- Hydroxychloroquine/Chloroquine
- Lopinavir/ritonavir
- Nitazoxanide
- IL-6 inhibitors-Tocilizumab, Kevzara